

THE FAMILY THAT RUNS TOGETHER...

1. Belabumbum Sporty Mesh Nursing Bra

Featuring adjustable straps and nursing clasps plus stretchy, breathable mesh, this sports bra is a total score for the runner mom who's excited to resume working out with her new baby in tow. \$51, belabumbum.com

2. Activ5 Fitness Package

Want to work out in the rain? On a plane? While in Spain? Check, check and check—all you need is this portable device, its corresponding free app and a charged smart-phone to start resistance training. \$120, activ5.com

3. Athleta Pranayama Wrap

Soft and sleek, this wrap is a treat for hardworking moms who deserve a little comfort during their rest days. \$89, athleta.com

4. The Girl Who Ran

This beautifully illustrated book shares the story of Bobbi Gibb, the woman who wasn't allowed to run the Boston Marathon simply because she was a woman—and why she ran anyway. An empowering story to pass on to young girls? Oh, yes. \$17, live-inspired.com

5. Dog Bowl Water Bottle

However far you go, your pup will need water if they're running with you. This portable dog bowl helps your dog rehydrate without much hassle or mess. Just don't ask them to carry it for you—their sharp teeth might puncture the soft plastic. \$15, uncommongoods.com

6. Motherhood Maternity Baby Tour Tee

Music-loving mamas-to-be, this one's for you. As you prepare to welcome your little rock 'n' runner into the world, this tee will inspire smiles to get you through the rougher pregnancy days. \$25, motherhood.com

