

FIND WONDER
EVERYWHERE.

1

1

LABEL YOUR EVERYDAY OBJECTS.

With sticky notes, label the things around your home using a few words that reflect how wonderful each thing really is. Maybe your coffeemaker becomes a *creator of morning potential* and your bathroom mirror is a *facilitator of self-appreciation*. Is your dining table a *place of connection*? What about your phone, your couch, your bookshelf, your cupboard, your bed? What happens to the way you view your world?